

Percent of Alabamians Classified as Overweight or Obese, 2015

		Overweight*		Obese**	
		%	95% Confidence Interval	%	95% Confidence Interval
Statewide Prevalence		33.0	(31.4-34.6)	35.6	(34.0-37.2)
By Sex (%)	Male	37.8	(35.4-40.2)	34.9	(32.5-37.3)
	Female	28.4	(26.6-30.2)	36.4	(34.4-38.4)
By Race (%)	White non-Hispanic	34.3	(32.5-36.1)	32.3	(30.5-34.1)
	Black non-Hispanic	29.4	(26.5-32.3)	46.5	(43.2-49.8)
By Household Income (%)	Less than 15,000	25.1	(21.4-28.8)	40.5	(36.0-45.0)
	\$15,000-24,999	31.0	(27.5-34.5)	39.3	(35.6-43.0)
	\$25,000-34,999	35.2	(29.9-40.5)	38.8	(33.3-44.3)
	\$35,000-49,999	36.9	(32.2-41.6)	36.5	(32.0-41.0)
	\$50,000-74,999	38.3	(34.0-42.6)	34.6	(30.3-38.9)
	\$75,000+	35.5	(32.4-38.6)	32.7	(29.4-36.0)
By Age (%)	18-24	22.4	(17.7-27.1)	25.1	(20.0-30.2)
	25-34	29.6	(25.3-33.9)	35.2	(30.7-39.7)
	35-44	33.5	(29.2-37.8)	41.1	(36.8-45.4)
	45-54	34.4	(31.1-37.7)	40.8	(37.5-44.1)
	55-64	36.0	(32.9-39.1)	40.4	(37.3-43.5)
	65+	37.9	(35.4-40.4)	30.2	(27.8-32.6)
By Education Level (%)	Less than High School	29.0	(24.9-33.1)	38.4	(34.1-42.7)
	High School Grad or GED	32.6	(29.9-35.3)	37.6	(34.7-40.5)
	Some Post-High School	34.4	(31.7-37.1)	36.5	(33.8-39.2)
	College Grad	34.8	(32.1-37.5)	29.1	(26.6-31.6)

Note: Based on BMI (Body Mass Index) which is defined as weight (in kilograms) divided by height (in meters) squared. Weight and height are self-reported. Pregnant women not included.

*Among all adults, the proportion of respondents whose BMI was between 25.0 and 29.9 and

**Among all adults, the proportion of respondents whose BMI was greater than or equal to 30.0.

Source: 2015 Behavioral Risk Factor Surveillance System

Note: Current BRFSS prevalence data are not directly comparable to BRFSS data prior to 2011 due to changes in methodology.